

~ Dress for Success in Dance ~

Hair

While we love how expressive our hair can be, it should NOT interfere with a dancer's ability to focus in class.

ALL DANCERS should have their hair secured away from the face and neck for all classes.

It is up to the dancer to determine the best way in which to do this for their hair based on length and style of their hair, including but not limited to: Ponytails, Braids, Buns, Wraps and Twists.

Ponytails are NOT considered appropriate for longer hair in Ballet and Pointe classes.

Performance hairstyles will be announced closer to those dates.

Clothing

Leotards and tights are a staple part of a dancer's wardrobe! They allow for freedom of movement and better mobility while letting the instructor view alignment to correct posture and position when necessary.

All female dancers are required to wear a leotard with either tights or leggings to all classes.

Appropriate Clothing is required by the 3rd class

Ballet Levels 1-5

G - Leotard with PINK tights

B - Fitted shirt and DARK Men's Tights

Contemporary

G - Leotard and tights or leggings

B - Fitted Shirt and Tights or Shorts

Hip Hop

Comfortable clothing that allows movement

*MIDRIFF MUST BE COVERED – NO JEANS

Jazz

G - Leotard and tights or leggings

B - Fitted Shirt and Tights or Shorts

Kid Hop

Comfortable clothing that allows movement

*MIDRIFF MUST BE COVERED – NO JEANS

Leaps & Turns

G - Leotard and tights or leggings

B - Fitted Shirt and Tights or Shorts

Lyrical

G - Leotard and tights or leggings

B - Fitted Shirt and Tights or Shorts

Musical Theater

G - Leotard and tights or leggings

B - Fitted Shirt and Tights or Shorts

Pointe

G - Leotard and PINK tights

B - Fitted shirt and DARK Men's Tights

Prep Classes

G - Leotard and pink or skin-colored tights

B - Fitted shirt and comfortable DARK shorts

Preschool Classes

G - Leotard and pink tights

B - Fitted shirt and comfortable Dark shorts

Strength & Conditioning

G - Leotard and tights or leggings

B - Fitted Shirt and Shorts

Tap

Comfortable clothing that allows movement

*MIDRIFF MUST BE COVERED

Tiny Tots

G - Leotard and pink tights

B - Fitted shirt and comfortable DARK shorts

**Dancers may layer shirts and shorts over required clothing, but must be able to remove additional layers at any point*

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Shoes

Appropriate Shoes are Required by the 3rd class

Ballet Levels 1-5

*A - Capezio "Hanami" ballet slipper

Contemporary Ballet

*A - Capezio "Hanami" ballet slipper

Contemporary

Bare Feet

Hip Hop

*D - Converse Black and White High-Top for Performances, Any Tennis Shoes for Class

Jazz

*C - Capezio E-Series or Balera

Kid Hop

*D - Converse Black and White High-Top for Performances, Any Tennis Shoes for Class

Leaps & Turns

*G – Lyrical Shoes - "Turners"

*C - Capezio E-Series or Balera

Lyrical

*G – Lyrical Shoes - "Turners"

Musical Theater

*C - Level 1, 2, 3 and 4: Jazz Shoes

*I - Level 5 Classes: LaDuca ZiZi Soft Sole Boot

Pointe

*A - Capezio "Hanami" ballet slipper if not yet fitted
Pointe shoes from pointe fitting with instructor

Prep Classes

*A - Ballet: Leather full sole ballet slippers - NO strings

*E - Tap: Black oxford style tap shoes

*C - Jazz: Jazz Shoes

Preschool Classes

*A - Ballet: Leather full sole ballet slippers - NO strings

*B - Tap: Back Velcro strap Mary-Jane tap shoes

Strength & Conditioning

*G – Lyrical Shoes - "Turners"

*C - Capezio E-Series or Balera

Tap

*E - Level 1 and Teen: Black oxford style tap shoes

*E - Level 2, 3 and 4: Capezio "Respect" tap shoes

*H - Level 5: Bloch "Jason Samuels Smith" tap shoes

Tiny Tots

*A - Leather full sole ballet slippers with NO strings

